


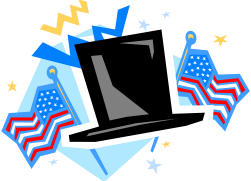











<p>Hellenic Nursing & Rehabilitation Center</p> <p>February 2020</p> 	<p>DEMENTIA SPECIAL CARE UNIT 4</p> <p>ACTIVITY STAFF</p> <p>THERAPEUTIC ACTIVITY DIRECTOR MAUREEN BRADLEY, LPN, CDP KAREN FABIAN ADC, CDP</p> <p>ASSISTANTS STEPHANIE LOWENTHAL MERRI GARREN ADC/MC,EDU,CDP</p>	<p>BEAUTY PARLOR HOURS THURS. and FRI</p> <p>ACTIVITIES ARE AVAILABLE 24 HOURS</p> <p>SUBJECT TO CHANGE</p> <p>RELIGIOUS SERVICES</p> <p>9:30 GREEK LITURGY B/D 2/29 10:30 CATHOLIC MASS B/D 2/20 10:30 PROTESTANT B/D 2/13</p> <p>6:00-7:45 Program is both Physical & cognitive exercises</p>	<p>MEALS SERVED</p> <p>BREAKFAST 8:05 AM 8:25 AM</p> <p>LUNCH 12:15 PM 12:25 PM</p> <p>DINNER 5:15 PM 5:25 PM</p> <p>IN2L (IT'S NEVER 2 LATE) Mobile Programming</p> 			<p>1</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 EXERCISE & BALL BOUNCE 10:15 COFFEE SOCIAL & MUSIC 10:30 GUESS WHAT 11:30 PRE-DINNER MUSIC 1:15 WORD WISE 2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL 3:30 REMINISCING & FOLDING CLOTHES 6:30 MUSIC VIDEO</p>
<p>2 SUPER BOWL SUN.</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 HAND MESSAGES 10:00 COFFEE AND MUSIC 10:30 POETRY AND SHORT STORIES 11:30 PRE-DINNER MUSIC 1:15 "LIFE IS BEAUTIFUL" 2:00 COFFEE SOCIAL 3:30 FINISH THE PHRASE 4:00 SING ALONG 6:30 MUSIC VIDEO/ICE CREAM GROUND HOG DAY</p>   	<p>3</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 ROLLER BALL 10:00 COFFEE AND MUSIC 10:30 TRIVIA 11:00 SING A LONG 11:30 OLD TIME TV 1:15 SINGING SONGS 2:30 MONDAY MUSICAL 3:30 SORTING AND FOLDING 4:00 FINISH THE PHRASE 4:45 KITCHEN TABLE TALK 6:00-7:45 MIND & BODY EXERCISE</p>	<p>4</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 MUSICAL MEMORIES/ INSTRUMENTS 11:00 SING ALONG 11:30 OLD TIME TV-COMEDY HOUR 1:15 MUSIC VIDEO 2:00 TRIVIA 3:00 BEAN BAG TOSS 3:30 OLD TIME TV 4:00 WORD GAMES 6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>5</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 ANIMAL WORLD 11:30 "I LOVE LUCY" 1:15 GUESS THE ANIMAL 2:00 SING ALONG 2:00 CUPCAKE BAKING K 2:30 COFFEE SOCIAL/MUSICAL MEMORIES 3:30 OLD TIME TV 6:30 MUSIC VIDEO</p> 	<p>6</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BALLOON VOLLEY 10:00 COFFEE & MUSIC 10:30 GROCERY SHOPPING 11:00 HAND MESSAGES 11:30 SING A LONG 1:15 COFFEE SOCIAL 2:30 HEART DÉCOR CRAFT K 2:30 ARM CHAIR TRAVEL 3:30 OLD TIME TV 6:00-7:45 THIS & THAT</p>	<p>7</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BUBBLES 10:00 COFFEE & LIVE MUSIC SERIES 10:30 COLOR SHAPES 11:00 HAND MESSAGES 11:30 SHIRLEY TEMPLE 1:15 SING ALONG 2:00 "IT HAPPENED IN BROOKLYN"/ SOCIAL 3:30 POETRY READING 4:00 NAME THAT TUNE 6:00-7:45 "FRIDAY BY FIVES"</p>	<p>8</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 EXERCISE & BALL BOUNCE 10:15 COFFEE SOCIAL & MUSIC 10:30 GUESS WHAT 11:30 PRE-DINNER MUSIC 1:15 WORD WISE 2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL 3:30 REMINISCING & FOLDING CLOTHES 6:30 MUSIC VIDEO</p>
<p>9</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 HAND MESSAGES 10:00 COFFEE AND MUSIC 10:30 POETRY AND SHORT STORIES 11:30 PRE-DINNER MUSIC 1:15 "GUYS & DOLLS" 2:00 COFFEE SOCIAL 3:30 FINISH THE PHRASE 4:00 SING ALONG 6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>10</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 ROLLER BALL 10:00 COFFEE AND MUSIC 10:30 TRIVIA 11:00 SING A LONG 11:30 OLD TIME TV 1:15 SINGING SONGS 2:30 MONDAY MUSICAL 3:30 SORTING AND FOLDING 4:00 FINISH THE PHRASE 4:45 KITCHEN TABLE TALK 6:00-7:45 MIND & BODY EXERCISE</p>	<p>11</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 MUSICAL MEMORIES/ INSTRUMENTS 11:00 SING ALONG 11:30 OLD TIME TV-COMEDY HOUR 1:15 MUSIC VIDEO 2:00 TRIVIA 3:00 BEAN BAG TOSS 3:30 OLD TIME TV 4:00 WORD GAMES 6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>12</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 WORD GAMES 11:00 BUBBLES 11:30 "I LOVE LUCY" 1:15 GUESS THE ANIMAL 2:00 SING ALONG 2:00 MUFFIN BAKING K 2:30 COFFEE SOCIAL/MUSICAL MEMORIES 3:30 OLD TIME TV 6:30 MUSIC VIDEO</p>	<p>13</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BALLOON VOLLEY 10:00 COFFEE & MUSIC 10:30 GROCERY SHOPPING 11:00 HAND MESSAGES 11:30 SING A LONG 1:15 COFFEE SOCIAL 2:30 HEARTS CRAFT K 2:30 ARM CHAIR TRAVEL 3:30 OLD TIME TV 6:00-7:45 THIS & THAT</p>	<p>14 VALENTINE'S DAY</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BUBBLES 10:00 COFFEE & LIVE MUSIC SERIES 10:30 COLOR SHAPES 11:00 HAND MESSAGES 11:30 SHIRLEY TEMPLE 1:15 SING ALONG 2:00 "THE SHAGGY DOG"/ SOCIAL 3:30 POETRY READING 4:00 NAME THAT TUNE 6:00-7:45 "FRIDAY BY FIVES"</p> 	<p>15</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 EXERCISE & BALL BOUNCE 10:15 COFFEE SOCIAL & MUSIC 10:30 GUESS WHAT 11:30 PRE-DINNER MUSIC 1:15 WORD WISE 2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL 3:30 REMINISCING & FOLDING CLOTHES 6:30 MUSIC VIDEO</p>
<p>16</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 HAND MESSAGES 10:00 COFFEE AND MUSIC 10:30 POETRY AND SHORT STORIES 11:30 PRE-DINNER MUSIC 1:15 "ANCHORS AWAY" 2:00 COFFEE SOCIAL 3:30 FINISH THE PHRASE 4:00 SING ALONG 6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>17 PRESIDENTS' DAY</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 ROLLER BALL 10:00 COFFEE AND MUSIC 10:30 TRIVIA 11:00 SING A LONG 11:30 OLD TIME TV 1:15 SINGING SONGS 2:30 MONDAY MUSICAL 3:30 SORTING AND FOLDING 4:00 FINISH THE PHRASE 4:45 KITCHEN TABLE TALK 6:00-7:45 MIND & BODY EXERCISE</p>  	<p>18</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 MUSICAL MEMORIES/ INSTRUMENTS 11:00 SING ALONG 11:30 OLD TIME TV-COMEDY HOUR 1:15 MUSIC VIDEO 2:00 TRIVIA 3:00 BEAN BAG TOSS 3:30 OLD TIME TV 4:00 WORD GAMES 6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>19</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 WORD GAMES 11:00 BUBBLES 11:30 "I LOVE LUCY" 1:15 GUESS THE ANIMAL 2:00 WORD GAMES 2:00 LOAF CAKES BAKING K 2:30 COFFEE SOCIAL/MUSICAL MEMORIES 3:30 OLD TIME TV 6:30 MUSIC VIDEO</p>	<p>20</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BALLOON VOLLEY 10:00 COFFEE & MUSIC 10:30 GROCERY SHOPPING 11:00 HAND MESSAGES 11:30 SING A LONG 1:15 COFFEE SOCIAL 2:30 BIRTHDAY PARTY 3:30 OLD TIME TV 6:00-7:45 THIS & THAT</p>	<p>21</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BUBBLES 10:00 COFFEE & LIVE MUSIC SERIES 10:30 COLOR SHAPES 11:00 HAND MESSAGES 11:30 SHIRLEY TEMPLE 1:15 SING ALONG 2:00 "MAMA MIA"/ SOCIAL 2:00 VISITS WITH CHASE! 3:30 POETRY READING 4:00 NAME THAT TUNE 6:00-7:45 "FRIDAY BY FIVES"</p> 	<p>22</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 EXERCISE & BALL BOUNCE 10:15 COFFEE SOCIAL & MUSIC 10:30 GUESS WHAT 11:30 PRE-DINNER MUSIC 1:15 WORD WISE 2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL 3:30 REMINISCING & FOLDING CLOTHES 6:30 MUSIC VIDEO</p>
<p>23</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 HAND MESSAGES 10:00 COFFEE AND MUSIC 10:30 POETRY AND SHORT STORIES 11:30 PRE-DINNER MUSIC 1:15 "ROMAN HOLIDAY" 2:00 COFFEE SOCIAL 3:30 FINISH THE PHRASE 4:00 SING ALONG 6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>24</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 ROLLER BALL 10:00 COFFEE AND STEVE TAPPER 10:30 TRIVIA 11:00 SING A LONG 11:30 OLD TIME TV 1:15 SINGING SONGS 2:30 MONDAY MUSICAL 3:30 SORTING AND FOLDING 4:00 FINISH THE PHRASE 4:45 KITCHEN TABLE TALK 6:00-7:45 MIND & BODY EXERCISE</p> 	<p>25 FAT TUESDAY</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 MUSICAL MEMORIES/ INSTRUMENTS 11:00 SING ALONG 11:30 OLD TIME TV-COMEDY HOUR 1:15 MUSIC VIDEO 2:00 TRIVIA 3:00 BEAN BAG TOSS 3:30 OLD TIME TV 4:00 WORD GAMES 6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>26 ASH WEDNESDAY</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 EXERCISE 10:30 WORD GAMES 11:00 BUBBLES 11:30 "I LOVE LUCY" 1:15 GUESS THE ANIMAL 2:00 WORD GAMES 2:00 COOKIE BAKING K 2:30 COFFEE SOCIAL/MUSICAL MEMORIES 3:30 OLD TIME TV 6:30 MUSIC VIDEO</p>	<p>27</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BALLOON VOLLEY 10:00 COFFEE & MUSIC 10:30 GROCERY SHOPPING 11:00 HAND MESSAGES 11:30 SING A LONG 1:15 COFFEE SOCIAL 2:30 COLLAGE CRAFT K 2:30 ARM CHAIR TRAVEL 3:30 OLD TIME TV 6:00-7:45 THIS & THAT</p>	<p>28</p> <p>8:30 MUSIC 9:00 DAILY CHRONICLE 9:30 BUBBLES 10:00 COFFEE & LIVE MUSIC SERIES 10:30 COLOR SHAPES 11:00 HAND MESSAGES 11:30 SHIRLEY TEMPLE 1:15 SING ALONG 2:00 "GIGI"/ SOCIAL 3:30 POETRY READING 4:00 NAME THAT TUNE 6:00-7:45 "FRIDAY BY FIVES"</p>	<p>29</p> <p>8:15 MUSIC & SOCIALIZATION 9:00 DAILY CHRONICLE 9:30 EXERCISE & BALL BOUNCE 10:15 COFFEE SOCIAL & MUSIC 10:30 GUESS WHAT 11:30 PRE-DINNER MUSIC 1:15 WORD WISE 2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL 3:30 REMINISCING & FOLDING CLOTHES 6:30 MUSIC VIDEO</p>