


<p>Hellenic Nursing & Rehabilitation Center</p> <p>JANUARY 2020</p>	<p>DEMENTIA SPECIAL CARE UNIT A</p> <p>ACTIVITY STAFF</p> <p>THERAPEUTIC ACTIVITY DIRECTOR</p> <p>MAUREEN BRADLEY, LPN, CDP</p> <p>ASSISTANTS</p> <p>STEPHANIE LOWENTHAL</p> <p>MERRI GARREN ADC/MC,EDU,CDP</p>	<p>BEAUTY PARLOR HOURS</p> <p>THURS. and FRI</p> <p>ACTIVITIES ARE AVAILABLE 24 HOURS</p> <p>SUBJECT TO CHANGE</p> <p>RELIGIOUS SERVICES</p> <p>9:30 GREEK LITURGY CH 1/25</p> <p>10:30 CATHOLIC MASS CH 1/16</p> <p>10:30 PROTESTANT CH 1/30</p> <p>6:00-7:45 Program is both Physical & cognitive exercises</p>	<p>1 HAPPY NEW YEAR</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 WORD GAMES</p> <p>11:00 BUBBLES</p> <p>11:30 "I LOVE LUCY"</p> <p>1:15 GUESS THE ANIMAL</p> <p>2:00 SING ALONG</p> <p>2:00 WORD GAMES</p> <p>2:30 COFFEE SOCIAL/MUSICAL MEMORIES</p> <p>3:30 OLD TIME TV</p> <p>6:30 MUSIC VIDEO</p>	<p>2</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BALLOON VOLLEY</p> <p>10:00 COFFEE & MUSIC</p> <p>10:30 GROCERY SHOPPING</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SING A LONG</p> <p>1:15 COFFEE SOCIAL</p> <p>2:30 SNOWMAN CRAFT K</p> <p>2:30 ARM CHAIR TRAVEL</p> <p>3:30 OLD TIME TV</p> <p>6:00-7:45 THIS & THAT</p>	<p>3</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BUBBLES</p> <p>10:00 COFFEE & LIVE MUSIC SERIES</p> <p>10:30 COLOR SHAPES</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SHIRLEY TEMPLE</p> <p>1:15 SING ALONG</p> <p>2:00 FRIDAY FLICK/SOCIAL</p> <p>3:30 POETRY READING</p> <p>4:00 NAME THAT TUNE</p> <p>6:00-7:45 "FRIDAY BY FIVES"</p>	<p>4</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE & BALL BOUNCE</p> <p>10:15 COFFEE SOCIAL & MUSIC</p> <p>10:30 GUESS WHAT</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 WORD WISE</p> <p>2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL</p> <p>3:30 REMINISCING & FOLDING CLOTHES</p> <p>6:30 MUSIC VIDEO</p>
<p>5</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 HAND MASSAGES</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 POETRY AND SHORT STORIES</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 "SISTER ACT"</p> <p>2:00 COFFEE SOCIAL</p> <p>3:30 FINISH THE PHRASE</p> <p>4:00 SING ALONG</p> <p>6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>6</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 ROLLER BALL</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 TRIVIA</p> <p>11:00 SING A LONG</p> <p>11:30 OLD TIME TV</p> <p>1:15 SINGING SONGS</p> <p>2:30 MONDAY MUSICAL</p> <p>3:30 SORTING AND FOLDING</p> <p>4:00 FINISH THE PHRASE</p> <p>4:15 KITCHEN BINGO</p> <p>6:00-7:45 MIND & BODY EXERCISE</p>	<p>7</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 MUSICAL MEMORIES/ INSTRUMENTS</p> <p>11:00 SING ALONG</p> <p>11:30 OLD TIME TV-COMEDY HOUR</p> <p>1:15 MUSIC VIDEO</p> <p>2:00 TRIVIA</p> <p>3:00 BEAN BAG TOSS</p> <p>3:30 OLD TIME TV</p> <p>4:00 WORD GAMES</p> <p>6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>8</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 ANIMAL WORLD</p> <p>11:30 "I LOVE LUCY"</p> <p>1:15 GUESS THE ANIMAL</p> <p>2:00 SING ALONG</p> <p>2:00 WORD GAMES</p> <p>2:30 COFFEE SOCIAL/MUSICAL MEMORIES</p> <p>3:30 OLD TIME TV</p> <p>6:30 MUSIC VIDEO</p> 	<p>9</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BALLOON VOLLEY</p> <p>10:00 COFFEE & MUSIC</p> <p>10:30 GROCERY SHOPPING</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SING A LONG</p> <p>1:15 COFFEE SOCIAL</p> <p>2:30 MITTENS CRAFT K</p> <p>2:30 ARM CHAIR TRAVEL</p> <p>3:30 OLD TIME TV</p> <p>6:00-7:45 THIS & THAT</p>	<p>10</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BUBBLES</p> <p>10:00 COFFEE & LIVE MUSIC SERIES</p> <p>10:30 COLOR SHAPES</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SHIRLEY TEMPLE</p> <p>1:15 SING ALONG</p> <p>2:00 FRIDAY FLICK/SOCIAL</p> <p>3:30 POETRY READING</p> <p>4:00 NAME THAT TUNE</p> <p>6:00-7:45 "FRIDAY BY FIVES"</p>	<p>11</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE & BALL BOUNCE</p> <p>10:15 COFFEE SOCIAL & MUSIC</p> <p>10:30 GUESS WHAT</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 WORD WISE</p> <p>2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL</p> <p>3:30 REMINISCING & FOLDING CLOTHES</p> <p>6:30 MUSIC VIDEO</p>
<p>12</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 HAND MASSAGES</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 POETRY AND SHORT STORIES</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 "OLD DOGS"</p> <p>2:00 COFFEE SOCIAL</p> <p>3:30 FINISH THE PHRASE</p> <p>4:00 SING ALONG</p> <p>6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>13</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 ROLLER BALL</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 TRIVIA</p> <p>11:00 SING A LONG</p> <p>11:30 OLD TIME TV</p> <p>1:15 SINGING SONGS</p> <p>2:30 MONDAY MUSICAL</p> <p>3:30 SORTING AND FOLDING</p> <p>4:00 FINISH THE PHRASE</p> <p>4:15 KITCHEN BINGO</p> <p>6:30 MUSIC VIDEO</p>	<p>14</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 MUSICAL MEMORIES/ INSTRUMENTS</p> <p>11:00 SING ALONG</p> <p>11:30 OLD TIME TV-COMEDY HOUR</p> <p>1:15 MUSIC VIDEO</p> <p>2:00 TRIVIA</p> <p>3:00 BEAN BAG TOSS</p> <p>3:30 OLD TIME TV</p> <p>4:00 WORD GAMES</p> <p>6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>15</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 WORD GAMES</p> <p>11:00 BUBBLES</p> <p>11:30 "I LOVE LUCY"</p> <p>1:15 GUESS THE ANIMAL</p> <p>2:00 SING ALONG</p> <p>2:00 WORD GAMES</p> <p>2:30 COFFEE SOCIAL/MUSICAL MEMORIES</p> <p>3:30 OLD TIME TV</p> <p>6:30 MUSIC VIDEO</p>	<p>16</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BALLOON VOLLEY</p> <p>10:00 COFFEE & MUSIC</p> <p>10:30 GROCERY SHOPPING</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SING A LONG</p> <p>1:15 COFFEE SOCIAL</p> <p>2:30 BIRTHDAY PARTY</p> <p>3:30 OLD TIME TV</p> <p>6:00-7:45 THIS & THAT</p>	<p>17</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BUBBLES</p> <p>10:00 COFFEE & LIVE MUSIC SERIES</p> <p>10:30 COLOR SHAPES</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SHIRLEY TEMPLE</p> <p>1:15 SING ALONG</p> <p>2:00 FRIDAY FLICK/SOCIAL</p> <p>3:30 POETRY READING</p> <p>4:00 NAME THAT TUNE</p> <p>6:00-7:45 "FRIDAY BY FIVES"</p>	<p>18</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE & BALL BOUNCE</p> <p>10:15 COFFEE SOCIAL & MUSIC</p> <p>10:30 GUESS WHAT</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 WORD WISE</p> <p>2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL</p> <p>3:30 REMINISCING & FOLDING CLOTHES</p> <p>6:30 MUSIC VIDEO</p>
<p>19</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 HAND MASSAGES</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 POETRY AND SHORT STORIES</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 "ANNIE"</p> <p>2:00 COFFEE SOCIAL</p> <p>3:30 FINISH THE PHRASE</p> <p>4:00 SING ALONG</p> <p>6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>20 MARTIN LUTHER KING JR</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 ROLLER BALL</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 TRIVIA</p> <p>11:00 SING A LONG</p> <p>11:30 OLD TIME TV</p> <p>1:15 SINGING SONGS</p> <p>2:30 MONDAY MUSICAL</p> <p>3:30 SORTING AND FOLDING</p> <p>4:00 FINISH THE PHRASE</p> <p>4:15 KITCHEN BINGO</p> <p>6:00-7:45 MIND & BODY EXERCISE</p>	<p>21</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 MUSICAL MEMORIES/ INSTRUMENTS</p> <p>11:00 SING ALONG</p> <p>11:30 OLD TIME TV-COMEDY HOUR</p> <p>1:15 MUSIC VIDEO</p> <p>2:00 TRIVIA</p> <p>3:00 BEAN BAG TOSS</p> <p>3:30 OLD TIME TV</p> <p>4:00 WORD GAMES</p> <p>6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>22</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 WORD GAMES</p> <p>11:00 BUBBLES</p> <p>11:30 "I LOVE LUCY"</p> <p>1:15 GUESS THE ANIMAL</p> <p>2:00 SING ALONG</p> <p>2:00 WORD GAMES</p> <p>2:30 COFFEE SOCIAL/MUSICAL MEMORIES</p> <p>3:30 OLD TIME TV</p> <p>6:30 MUSIC VIDEO</p>	<p>23</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BALLOON VOLLEY</p> <p>10:00 COFFEE & MUSIC</p> <p>10:30 GROCERY SHOPPING</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SING A LONG</p> <p>1:15 COFFEE SOCIAL</p> <p>2:30 HAT CRAFT K</p> <p>2:30 ARM CHAIR TRAVEL</p> <p>3:30 OLD TIME TV</p> <p>6:00-7:45 THIS & THAT</p>	<p>24</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BUBBLES</p> <p>10:00 COFFEE & LIVE MUSIC SERIES</p> <p>10:30 COLOR SHAPES</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SHIRLEY TEMPLE</p> <p>1:15 SING ALONG</p> <p>2:00 FRIDAY FLICK/SOCIAL</p> <p>3:30 POETRY READING</p> <p>4:00 NAME THAT TUNE</p> <p>6:00-7:45 "FRIDAY BY FIVES"</p>	<p>25</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE & BALL BOUNCE</p> <p>10:15 COFFEE SOCIAL & MUSIC</p> <p>10:30 GUESS WHAT</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 WORD WISE</p> <p>2:00 ICECREAM SOCIAL / ARM CHAIR TRAVEL</p> <p>3:30 REMINISCING & FOLDING CLOTHES</p> <p>6:30 MUSIC VIDEO</p>
<p>26</p> <p>8:15 MUSIC & SOCIALIZATION</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 HAND MASSAGES</p> <p>10:00 COFFEE AND MUSIC</p> <p>10:30 POETRY AND SHORT STORIES</p> <p>11:30 PRE-DINNER MUSIC</p> <p>1:15 "DOUBLE DYNAMITE"</p> <p>2:00 COFFEE SOCIAL</p> <p>3:30 FINISH THE PHRASE</p> <p>4:00 SING ALONG</p> <p>6:30 MUSIC VIDEO/ICE CREAM SOCIAL</p>	<p>27</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 ROLLER BALL</p> <p>10:00 COFFEE AND STEVE TAPPER</p> <p>10:30 TRIVIA</p> <p>11:00 SING A LONG</p> <p>11:30 OLD TIME TV</p> <p>1:15 SINGING SONGS</p> <p>2:30 MONDAY MUSICAL</p> <p>3:30 SORTING AND FOLDING</p> <p>4:00 FINISH THE PHRASE</p> <p>4:15 KITCHEN BINGO</p> <p>6:00-7:45 MIND & BODY EXERCISE</p>	<p>28</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 MUSICAL MEMORIES/ INSTRUMENTS</p> <p>11:00 SING ALONG</p> <p>11:30 OLD TIME TV-COMEDY HOUR</p> <p>1:15 MUSIC VIDEO</p> <p>2:00 TRIVIA</p> <p>3:00 BEAN BAG TOSS</p> <p>3:30 OLD TIME TV</p> <p>4:00 WORD GAMES</p> <p>6:00-7:45 "TUES TRIVIA & TWO TIMERS"</p>	<p>29</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 EXERCISE</p> <p>10:30 WORD GAMES</p> <p>11:00 BUBBLES</p> <p>11:30 "I LOVE LUCY"</p> <p>1:15 GUESS THE ANIMAL</p> <p>2:00 SING ALONG</p> <p>2:00 WORD GAMES</p> <p>2:30 COFFEE SOCIAL/MUSICAL MEMORIES</p> <p>3:30 OLD TIME TV</p> <p>6:30 MUSIC VIDEO</p>	<p>30</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BALLOON VOLLEY</p> <p>10:00 COFFEE & MUSIC</p> <p>10:30 GROCERY SHOPPING</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SING A LONG</p> <p>1:15 COFFEE SOCIAL</p> <p>2:30 SLED CRAFT K</p> <p>2:30 ARM CHAIR TRAVEL</p> <p>3:30 OLD TIME TV</p> <p>6:00-7:45 THIS & THAT</p>	<p>31</p> <p>8:30 MUSIC</p> <p>9:00 DAILY CHRONICLE</p> <p>9:30 BUBBLES</p> <p>10:00 COFFEE & LIVE MUSIC SERIES</p> <p>10:30 COLOR SHAPES</p> <p>11:00 HAND MASSAGES</p> <p>11:30 SHIRLEY TEMPLE</p> <p>1:15 SING ALONG</p> <p>2:00 FRIDAY FLICK/SOCIAL</p> <p>3:30 POETRY READING</p> <p>4:00 NAME THAT TUNE</p> <p>6:00-7:45 "FRIDAY BY FIVES"</p>	<p>MEALS SERVED</p> <p>BREAKFAST 8:05 AM</p> <p>8:25 AM</p> <p>LUNCH 12:15 PM</p> <p>12:25 PM</p> <p>DINNER 5:15 PM</p> <p>5:25 PM</p> <p>IN2L (IT'S NEVER 2 LATE)</p> <p>Mobile Programming</p> 