



**All Are Welcome**

The Hellenic welcomes people of all races and faiths and makes an effort to accommodate individual traditions and observances.

**Payment Options**

The Hellenic is certified by Medicare and Medicaid and accepts many commercial insurance programs, as well as private funds.

**Convenient Location**

Located in Canton, The Hellenic is adjacent to the Canton Junction Train Station with free on-site parking. Our facility is easily accessible from Route 95 and downtown Canton, making it convenient for families and attending physicians to visit.

**Schedule A Visit**

We invite you and your family to visit us and experience first-hand our unique approach to caring. For more information or to schedule a personal tour call our Admissions Office at 781.828.7450, ext. 119

**Non-profit Difference**

The Hellenic operates as a non-profit under the direction of the Hellenic Women’s Benevolent Association. As a not-for-profit organization we are committed to providing a balance of community, wellness, nursing and rehabilitation services to our residents and patients, while promoting quality of life, dignity and maximum independence. Possibly just the right place for you or someone you love.



601 Sherman Street, Canton, MA 02021  
(781) 828-7450  
www.hellenicnursingandrehabilitationcenter.org



*Short term  
rehabilitation*

Hellenic Nursing & Rehabilitation Center  
601 Sherman Street  
Canton, Massachusetts 02021

Whether you or your loved one is recovering from surgery, a serious illness or an injury, we understand the challenge of choosing the best quality care setting for your short-term rehabilitation. Short-term rehabilitation is designed to help the patient make a safe and comfortable transition between post-acute care and home. Let us help you.

*the Hellenic  
Difference*

**H**ellenic Nursing and Rehabilitation Center is an independent non-profit organization, dedicated to providing resident-focused, comprehensive health care services to individuals requiring restorative, long term and skilled nursing care within a safe, secure and caring environment. We aim to maximize the capabilities in physical, social and psychological functions of each resident entrusted in our care.

We offer short stay or post hospital care for individuals returning to community settings. Our Professional Rehab Team is experienced in physical, speech and occupational therapies, focused on recovery and restoration of independent daily living.

Celebrating over 45 years of excellence, The Hellenic is a 154-bed skilled-nursing facility, located on thirteen beautiful acres in Canton, MA. The home features private and semi-private rooms, cheerful sitting rooms, a spacious outdoor patio and much more.



Accredited by Joint Commission International

*our tradition  
of excellence*

We will treat your loved one with dignity and respect.

We are professional in the way we provide care. Our staff is carefully selected, not only for their expertise, but also for their positive attitude, compassion and “person-centered” approach.

We will be communicating regularly with you, providing emotional support, information and compassionate guidance throughout your loved-one’s stay with us.

We offer a warm, cheerful, positive atmosphere with opportunities for socialization, spiritual support, and activities structured to residents’ interests and needs.

We will listen to you, encouraging your involvement in care planning and striving to keep you an active participant in the life of your loved one.



## A Place for Short Term Care

At Hellenic Nursing & Rehabilitation Center, we offer the best of both worlds – experienced nursing care and rehabilitation.

A team of professionals is in attendance 24/7 to ensure the highest quality care in a protective and dignified environment. Together they create a culture of excellence fitting of an individual's needs while working to maximize their potential.

Specifically, The Hellenic offers post-acute care services from a team of medical professionals who provide specialized, short-term rehabilitative care to help patients attain their highest level of functioning for a smooth transition home or to the most appropriate community setting.

Families and physicians have been choosing and recommending The Hellenic for its uncompromising commitment to excellence for over 45 years. Let us help you on your road to recovery.



### PHYSICAL THERAPY

- Mobility
- Balance
- Pain Management
- Improved Strength and Mobility
- Therapeutic Interventions

### SPEECH THERAPY

- Communication and Orientation
- Swallowing Disorders
- Cognition

### OCCUPATIONAL THERAPY

- Activities of Daily Living
- Use of Adaptive Equipment
- Upper Body Strengthening
- Community Re-entry

## QUALITY SERVICES

Our units are staffed by professional nurses and certified nursing assistants at all times. Our rehabilitation services support the clinical individual goals for each resident. We also encourage and support our team of caregivers to develop their skills. Advanced certifications in wound care, rehabilitation, dementia and memory loss care, infection prevention and others are regularly achieved by our staff.

# SERVICE



### COMPLETE CARE

- Comprehensive Medical Evaluation
- Individually Prescribed Exercise Program
- Cardiac Risk Factor Modifications
- Nutrition Management
- Patient Education
- Patient and Family Counseling
- Cardiac Monitoring including Holter Monitors, EKGs, Chest X-rays and Oxygen Saturation Monitoring
- X-ray and Laboratory Services
- Case Management and Discharge Planning
- Wound Care Management
- Accelerated Care Plus (ACP)

### INTERDISCIPLINARY APPROACH

- Physicians (Geriatricians, Orthopedists and Psychiatrists)
- Physical, Occupational and Speech Therapists
- Nurse Practitioners
- Cardiac Reconditioning and Rehabilitation Trained Nurses
- Social Workers
- Dieticians
- Clinical Pharmacists
- Recreational Activity Professionals
- Certified Nursing Assistants specially-trained in Rehabilitation Techniques

### ENVIRONMENT and AMENITIES

- Warm comforting environment
- Cable TV, WiFi
- Outdoor Patios and Walking Grounds
- Indoor Solariums
- Religious Chapel and Services

# LIFE



# RECOVERY